

## Take the Next Step

If you've lived through a traumatic or terrifying event that is causing unwanted lingering effects, you may qualify for the IMPACT-1 Study. The study is for an investigational medication that may help improve symptoms of post-traumatic stress disorder (PTSD).

#### **SELECTED ELIGIBILITY CRITERIA**

- ✓ Age 18 65 years
- ✓ Are experiencing symptoms of PTSD due to a traumatic event that occurred in your life
- Able to visit your local study centre up to 14 times over an approximate 4-month period
- Willing to refrain from taking antidepressant medications during the course of the study (about 4 months)

To learn more, and to see if you might qualify, speak with your doctor or visit

https://impactlstudy.com/

or Email: rduh.psychedelicsexeter@nhs.net



Are you struggling with

# PTSD?



CLINICAL RESEARCH STUDY
INFORMATION

### Are you struggling with symptoms of PTSD?

Many people will experience a life-threatening traumatic event in their lifetime – such as physical or sexual assault, abuse, a serious accident, natural disaster, or military/first responder danger. These events can trigger a range of symptoms, including:

- Flashbacks, nightmares, or trouble sleeping
- Avoiding things that bring on distressing memories
- Negative thoughts or feelings, or feeling detached
- Feeling on edge or easily startled
- > Feeling that normal day to day activities, relationships, and overall state of mind has changed drastically since the traumatic event

While these symptoms often go away in a few weeks, for some they never go away and linger for months or even years – a condition known as **post-traumatic stress disorder (PTSD)**. Anyone can get PTSD at any age, and researchers are studying new treatment options that may be able to help.



1 in 11 people will be diagnosed with PTSD in their lifetime.

### You may qualify for a new clinical research study.

Doctors at select centres are conducting the **IMPACT-1 Study**, a new confidential research study for individuals with PTSD. The study is for an investigational oral medication that may help improve PTSD symptoms when taken weekly for 4 weeks.

If you qualify and join the study, you will be seen by a local physician and will receive study-related care **at no cost**. You will be randomly assigned (50/50 chance) to receive either the investigational medication or a "placebo" (identical looking with no active medication). As part of the study, you will be asked to **visit the study clinic up to 14 times over an approximate 4-month period**. These visits are an important part of the study, as they allow your study doctor to closely monitor your symptoms, health, and overall experiences. You will also be compensated for travel to attend these study visits.







To learn more, visit https://impact1study.com/